

1e Iron Run - zaterdag 1 juli 2023

uitslag S-LOOP - 4, 45 km Heren

| plaats | borstnr | naam | postnr | gemeente | geb ir | kateg | tijd | km / u |
|--------|---------|--------------------------|--------|-------------------|--------|-------|---------|--------|
| 1 | 302 | VAN DER BAUWHEDE MICHIEL | 8500 | KORTRIJK | 1992 | M3 | 0:14:39 | 18,23 |
| 2 | 228 | DESCHODT BERT | | HARELBEKE | 1981 | M4 | 0:14:55 | 17,90 |
| 3 | 270 | VANDEVELDE TIM | | KORTRIJK | 2001 | M2 | 0:15:03 | 17,74 |
| 4 | 217 | DEBOUVER DUSTIN | | OOSTROZEBEKE | 2004 | M1 | 0:15:19 | 17,43 |
| 5 | 300 | WITDOUCK BART | 8770 | INGELMUNSTER | 1987 | M4 | 0:15:39 | 17,06 |
| 6 | 276 | VERKAEMER BART | | WAREGEM | 1976 | M4 | 0:16:51 | 15,85 |
| 7 | 214 | DE WEERDT WOUT | | KORTRIJK | 1999 | M2 | 0:17:09 | 15,57 |
| 8 | 247 | MARTENS FREDDY | | HARELBEKE | 1977 | M4 | 0:17:11 | 15,54 |
| 9 | 312 | DE ZITTER MIKE | 8570 | VICHTE | 1988 | M3 | 0:17:39 | 15,13 |
| 10 | 304 | COOL ANDY | 8890 | DADIZELE | 1976 | M4 | 0:17:52 | 14,94 |
| 11 | 224 | DENDONCKER KOEN | | DEERLIJK | 1976 | M4 | 0:18:21 | 14,55 |
| 12 | 315 | SABBE GEOFFREY | 8530 | HARELBEKE | 1985 | M3 | 0:18:32 | 14,41 |
| 13 | 227 | DESCHEEMAEKER MANU | | BAVIKHOVE | 2009 | M0 | 0:18:34 | 14,38 |
| 14 | 272 | VANTIEGHEM KENNY | | HARELBEKE | 1994 | M2 | 0:18:55 | 14,11 |
| 15 | 231 | DEWEIRDt SÖREN | | WAREGEM | 1988 | M3 | 0:18:57 | 14,09 |
| 16 | 308 | DELEU PETER | 8710 | WIELSBEKE | 1970 | M5 | 0:19:37 | 13,61 |
| 17 | 313 | PYPE LOIC | 8840 | WESTROZEBEKE | 2010 | M0 | 0:19:46 | 13,51 |
| 18 | 273 | VANWYMELEBEKE TIM | | HEULE | 1992 | M3 | 0:20:01 | 13,34 |
| 19 | 296 | DA COSTA GIOVANNI | 8560 | WEVELGEM | 1983 | M4 | 0:20:09 | 13,25 |
| 20 | 282 | THERENCE MALIK | 8800 | ROESLARE | 1992 | M3 | 0:20:21 | 13,12 |
| 21 | 204 | VANRENTERGHEM JASON | | HULSTE | 2010 | M0 | 0:20:46 | 12,86 |
| 22 | 213 | DE RIJCKE JENS | | ZULTE-MACHELEN | 1998 | M2 | 0:20:52 | 12,80 |
| 23 | 203 | VANRENTERGHEM DYLAN | | HULSTE | 2010 | M0 | 0:21:02 | 12,69 |
| 24 | 289 | DENDONCKER SEPPE | 8540 | DEERLIJK | 2011 | M0 | 0:21:05 | 12,66 |
| 25 | 286 | VANTIEGHEM MATHIS | 8530 | HARELBEKE | 2016 | M0 | 0:21:15 | 12,56 |
| 26 | 211 | DAENE LUKAS | | HARELBEKE | 1998 | M2 | 0:21:20 | 12,52 |
| 27 | 206 | CHRISTIAENS KOBE | | HARELBEKE | 2007 | M1 | 0:21:31 | 12,41 |
| 28 | 305 | COTTIGNIES LODE | 8980 | PASSENDALE | 1960 | M6 | 0:21:38 | 12,34 |
| 29 | 287 | DEBOUNG MATHIEU | 8560 | WEVELGEM | 1984 | M3 | 0:21:45 | 12,28 |
| 30 | 250 | NATLAN TIMON | | HARELBEKE | 2002 | M2 | 0:21:50 | 12,23 |
| 31 | 316 | DEJAGERE MANU | 8530 | HARELBEKE | 2008 | M1 | 0:21:56 | 12,17 |
| 32 | 292 | WINDELS BRUNO | | ZWEVEGEM | 1976 | M4 | 0:22:17 | 11,98 |
| 33 | 246 | LOGIE DYLAN | | LAUWE | 1992 | M3 | 0:22:19 | 11,96 |
| 34 | 255 | SPILLEBEEN CARL | | HARELBEKE | 1990 | M3 | 0:22:27 | 11,89 |
| 35 | 258 | THEUNINCK JOHANNES | | DEERLIJK | 2015 | M0 | 0:22:35 | 11,82 |
| 36 | 248 | NATLAN FREDERIQUE | | HARELBEKE | 1975 | M4 | 0:22:41 | 11,77 |
| 37 | 249 | NATLAN JARRNE | | HARELBEKE | 2002 | M2 | 0:22:45 | 11,74 |
| 38 | 576 | VANHONACKER TIMON | 8530 | HARELBEKE | 2009 | M0 | 0:23:19 | 11,45 |
| 39 | 299 | VANDEWALLE KRIST | 8560 | MOORSELE | 1968 | M5 | 0:23:31 | 11,35 |
| 40 | 303 | DESMET FINN | 8553 | OTEGEM | 2012 | M0 | 0:23:33 | 11,34 |
| 41 | 219 | DECOENE STIJN | | HARELBEKE | 1990 | M3 | 0:23:36 | 11,31 |
| 42 | 221 | DEJONGHE SAMUEL | | SINT BAAFS VIJVE | 1995 | M2 | 0:23:40 | 11,28 |
| 43 | 314 | VANHOEYMISSEN TIMON | 8531 | BAVIKHOVE | 1997 | M2 | 0:23:58 | 11,14 |
| 44 | 297 | NEIRYNCK JOHN | 8500 | KORTRIJK | 1948 | M7 | 0:24:21 | 10,97 |
| 45 | 235 | D'HAVELOOSE TOM | | HARELBEKE | 1976 | M4 | 0:24:53 | 10,73 |
| 46 | 226 | DESCHEEMAEKER JORAN | | HARELBEKE | 1995 | M2 | 0:25:39 | 10,41 |
| 47 | 264 | VANDE VYVER RIK | | HARELBEKE | 1966 | M5 | 0:25:50 | 10,34 |
| 48 | 265 | VANDENBOGAERDE ANDY | | KORTRIJK | 1970 | M5 | 0:25:59 | 10,28 |
| 49 | 274 | VERBRUGGHE TONY | | 8520 KUURNE | 1979 | M4 | 0:26:02 | 10,26 |
| 50 | 245 | LEGLEY NICO | | HARELBEKE | 1976 | M4 | 0:26:04 | 10,24 |
| 51 | 319 | PATTYN FRANCIS | 8530 | HARELBEKE | 1977 | M4 | 0:26:13 | 10,18 |
| 52 | 271 | VANDEVENNE BENOÏT | | LENDELEDE | 2015 | M0 | 0:26:21 | 10,13 |
| 53 | 259 | THEUNINCK MAXIM | | DEERLIJK | 1981 | M4 | 0:26:23 | 10,12 |
| 54 | 243 | LECOINTERE GHISLAIN | | MENEN | 1956 | M6 | 0:26:45 | 9,98 |
| 55 | 309 | DE MEESTER ALEX | 8530 | HARELBEKE | 1965 | M5 | 0:27:04 | 9,86 |
| 56 | 225 | DEPRE EMMANUEL | | HARELBEKE | 1984 | M3 | 0:27:10 | 9,83 |
| 57 | 237 | DUCHATELET DOMINIQUE | | HARELBEKE | 1980 | M4 | 0:28:07 | 9,50 |
| 58 | 269 | VANDEVELDE LUC | | HARELBEKE | 1967 | M5 | 0:28:12 | 9,47 |
| 59 | 294 | KESTELOOT JAN | 8530 | HARELBEKE | 1974 | M4 | 0:28:40 | 9,31 |
| 60 | 209 | COCHUYT PURDEY | | KUURNE | 1980 | M4 | 0:28:50 | 9,26 |
| 61 | 317 | MALFAIT TIBO | 8790 | WAREGEM | 1999 | M2 | 0:28:54 | 9,24 |
| 62 | 240 | GODEFROIDT LUCAS | | DEERLIJK | 1997 | M2 | 0:28:59 | 9,21 |
| 63 | 254 | SEYS JONAS | | HARELBEKE | 1988 | M3 | 0:29:42 | 8,99 |
| 64 | 266 | VANDENBROUCKE LAYOS | | DEERLIJK | 1986 | M3 | 0:30:04 | 8,88 |
| 65 | 279 | VROMAN MARC | | SINT ELOOIS VIJVE | 1969 | M5 | 0:30:34 | 8,74 |
| 66 | 295 | LECOMPTE YVES | 8500 | KORTRIJK | 1969 | M5 | 0:30:37 | 8,72 |
| 67 | 310 | VANTERWYNGEN BART | 8500 | KORTRIJK | 1983 | M4 | 0:31:53 | 8,37 |
| 68 | 244 | LEFEVRE LUCIEN | | HARELBEKE | 1952 | M7 | 0:33:27 | 7,98 |
| 69 | 236 | DI VITA ROCCO | | KUURNE | 1947 | M7 | 0:35:46 | 7,47 |

1e Iron Run - zaterdag 1 juli 2023

uitslag S-LOOP - 4,45 km Dames

| plaats | borstnr | naam | postnr | gemeente | geb ir | kateq | tijd | km / u |
|--------|---------|-----------------------------|--------|-------------------|--------|-------|---------|--------|
| 1 | 202 | AVEREYN CHARLOTTE | | WEVELGEM | 1991 | V3 | 0:18:36 | 14,35 |
| 2 | 234 | DHAEYER JOKE | | BAVIKHOVE | 1989 | V3 | 0:19:06 | 13,98 |
| 3 | 216 | DEBAERE JOLIEN | | ZEVKOTE | 1995 | V2 | 0:19:25 | 13,75 |
| 4 | 201 | DEBRUYNE TRACEY | | HOUTHULST | 1989 | V3 | 0:19:32 | 13,67 |
| 5 | 212 | DE CRAENE RIHANA | | SINT-ELOOIS VIJVE | 2007 | V1 | 0:20:04 | 13,31 |
| 6 | 280 | VULLERS TRACY | | OOSTROZEBEKE | 1975 | V4 | 0:20:06 | 13,28 |
| 7 | 283 | TORBEYNS HELENE | 8530 | HARELBEKE | 2008 | V1 | 0:20:39 | 12,93 |
| 8 | 210 | CREUPELANDT TILY | | DEERLIJK | 2001 | V2 | 0:21:18 | 12,54 |
| 9 | 307 | VAN DEN BROUCKE EMMA | 1996 | BEVEREN-LEIE | 1996 | V2 | 0:22:14 | 12,01 |
| 10 | 223 | DEMETS TINE | | DEERLIJK | 1980 | V4 | 0:23:26 | 11,39 |
| 11 | 256 | TERRIE LISANNE | | HARELBEKE | 1995 | V2 | 0:23:47 | 11,23 |
| 12 | 281 | WAELEKENS MARIT | | STASEGEM | 2008 | V1 | 0:23:53 | 11,18 |
| 13 | 291 | MONSEREZ-ARNAU CINDY | | HARELBEKE | 1975 | V4 | 0:24:31 | 10,89 |
| 14 | 218 | DECLERCK KIM | | WAREGEM | 1985 | V3 | 0:24:33 | 10,88 |
| 15 | 293 | VELGHE HANNELORE | | INGELMUNSTER | 2014 | V0 | 0:24:46 | 10,78 |
| 16 | 318 | FRENNET SHIRIN | 8530 | HARELBEKE | 2014 | V0 | 0:24:48 | 10,77 |
| 17 | 285 | FRENNET INES | 8530 | HARELBEKE | 2010 | V0 | 0:24:51 | 10,74 |
| 18 | 306 | SAINT GERMAIN MARGAUX | 8650 | HOUTHULST | 2008 | V1 | 0:24:59 | 10,69 |
| 19 | 284 | BLONDEEL JADE | 8530 | HARELBEKE | 1998 | V2 | 0:25:31 | 10,46 |
| 20 | 277 | VERKAEMER ISABELLE | | KORTRIJK | 1973 | V5 | 0:25:56 | 10,30 |
| 21 | 205 | CALLES JANA | | INGELMUNSTER | 1997 | V2 | 0:26:24 | 10,11 |
| 22 | 275 | VERCOILLIE STEPHANIE | | HARELBEKE | 1977 | V4 | 0:26:41 | 10,01 |
| 23 | 268 | VANDERSCHAEGHE ELS | | BAVIKHOVE | 1979 | V4 | 0:27:01 | 9,88 |
| 24 | 262 | VAN GHELUWE-GHILLEMYN LIEZE | | HARELBEKE | 1995 | V2 | 0:27:06 | 9,85 |
| 25 | 238 | DUCHATELET JANA | | HARELBEKE | 2013 | V0 | 0:28:04 | 9,51 |
| 26 | 232 | DEWYN RIEN | | HARELBEKE | 2004 | V1 | 0:28:09 | 9,48 |
| 27 | 252 | QUARTIER MARIJKE | | STASEGEM | 1969 | V5 | 0:28:24 | 9,40 |
| 28 | 267 | VANDERGHINSTE CAMILLE | | WAREGEM | 2000 | V2 | 0:28:57 | 9,22 |
| 29 | 207 | CLAEYS ELINE | | HARELBEKE | 2010 | V0 | 0:29:33 | 9,04 |
| 30 | 288 | GILBERT PIEN | 8530 | HARELBEKE | 2009 | V0 | 0:29:35 | 9,03 |
| 31 | 260 | TYTGAT YARA | | HARELBEKE | 2009 | V0 | 0:29:37 | 9,02 |
| 32 | 208 | CLAEYS LAURA | | HARELBEKE | 2005 | V1 | 0:29:39 | 9,01 |
| 33 | 215 | DE WINTER MARGAUX | | HARELBEKE | 2003 | V2 | 0:29:41 | 8,99 |
| 34 | 241 | HANSENS ELOISE | | BEVEREN LEIE | 2012 | V0 | 0:29:45 | 8,97 |
| 35 | 263 | VAN HOUTTE DAVINA | | WAREGEM | 1990 | V3 | 0:30:05 | 8,88 |
| 36 | 301 | DEKEYSER KRIST'L | 9680 | MAARKEDAL | 1965 | V5 | 0:30:10 | 8,85 |
| 37 | 278 | VERLEYEN ELVIRA | | HARELBEKE | 1980 | V4 | 0:30:57 | 8,63 |
| 38 | 311 | YSERBYT MIA | 8550 | ZWEVEGEM | 1963 | V6 | 0:31:17 | 8,53 |
| 39 | 239 | GHILLEMYN BERIT | | MEULEBEKE | 2002 | V2 | 0:32:52 | 8,12 |
| 40 | 220 | DEGAND KIMBERLEY | | GERAARDSBERGEN | 1988 | V3 | 0:35:29 | 7,52 |
| 41 | 253 | ROELANDT JESSICA | | AALST | 1985 | V3 | 0:35:31 | 7,52 |
| 42 | 233 | DHAENE ANN | | MOREGEM | 1947 | V7 | 0:35:40 | 7,49 |

uitslag L-LOOP - 9 km Heren

| plaats | borstnr | naam | postnr | gemeente | geb ir | kateq | tijd | km / u |
|--------|---------|--------------------------|--------|------------------|--------|-------|---------|--------|
| 1 | 599 | VERVAEKE EMILE | | KUURNE | 1997 | M2 | 0:29:03 | 18,59 |
| 2 | 574 | TLILI SEMY | | KORTRIJK | 1990 | M3 | 0:30:54 | 17,48 |
| 3 | 552 | LEFEVER JASON | | HARELBEKE | 1995 | M2 | 0:31:08 | 17,34 |
| 4 | 612 | COLPAERT CHRISTOPHE | | WAREGEM | 1972 | M5 | 0:32:33 | 16,59 |
| 5 | 621 | DUJARDYN PEDRO | | OOIGEM | 1978 | M4 | 0:33:01 | 16,36 |
| 6 | 629 | DESMET STEVEN | | OTEGEM | 1982 | M4 | 0:33:10 | 16,28 |
| 7 | 623 | SEURINCK ARNE | | HARELBEKE | 1994 | M2 | 0:33:16 | 16,23 |
| 8 | 551 | LAMMERTYN ELI | | GIJZELBRECHTEGEN | 1985 | M3 | 0:33:24 | 16,17 |
| 9 | 615 | VANDEMEULEBROUCKE YVES | | AVELGEM | 1974 | M4 | 0:34:00 | 15,88 |
| 10 | 622 | GHEKIERE PHILIP | | KORTRIJK | 1972 | M5 | 0:34:20 | 15,73 |
| 11 | 642 | DESAUW JOSSE | | ZWEVEGEM | 1996 | M2 | 0:34:30 | 15,65 |
| 12 | 627 | CALLEWAERT SIMON | | OUTRIJVE | 1992 | M3 | 0:34:56 | 15,46 |
| 13 | 526 | DESMET DIETRICH | | HARELBEKE | 1990 | M3 | 0:34:59 | 15,44 |
| 14 | 573 | TACK DAVY | | OOSTROZEBEKE | 1979 | M4 | 0:35:07 | 15,38 |
| 15 | 648 | GOEMAERE BERT | | HARELBEKE | 1984 | M3 | 0:35:10 | 15,36 |
| 16 | 575 | VALCKE MAXIM | | HARELBEKE | 1992 | M3 | 0:35:22 | 15,27 |
| 17 | 504 | BAELE PIETER | | BAVIKHOVE | 1984 | M3 | 0:35:43 | 15,12 |
| 18 | 582 | VANDENDRIESSCHE FREDERIK | | DOTTENIJS | 1975 | M4 | 0:36:29 | 14,80 |
| 19 | 605 | VOLCKAERT BJORN | | HARELBEKE | 1981 | M4 | 0:36:32 | 14,78 |
| 20 | 545 | JELLE CLAERBOUT | | HARELBEKE | 1983 | M4 | 0:36:34 | 14,77 |
| 21 | 561 | PYPE BENE | | WESTROZEBEKE | 1977 | M4 | 0:36:50 | 14,66 |

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|----|-----|-------------------------|------------------|------|----|---------|-------|
| 22 | 567 | SCHAMELHOUT LODE | HARELBEKE | 1963 | M6 | 0:37:03 | 14,57 |
| 23 | 634 | DECLERCQ LUCAS | BAVIKHOVE | 2001 | M2 | 0:37:06 | 14,56 |
| 24 | 547 | JEROEN VANASSCHE | AVELGEM | 1988 | M3 | 0:37:22 | 14,45 |
| 25 | 544 | HOCEDEZ STEVEN | OTEGEM | 1970 | M5 | 0:37:32 | 14,39 |
| 26 | 528 | DRUELLE KRIS | ST.ELOOIS.WINKEL | 1971 | M5 | 0:37:34 | 14,37 |
| 27 | 606 | VANACKER MATHIEU | HARELBEKE | 1987 | M3 | 0:38:19 | 14,09 |
| 28 | 645 | RASSALLE VICTOR | HARELBEKE | 2008 | M1 | 0:38:24 | 14,06 |
| 29 | 585 | VANEECKHOUT DAVY | HOOGLEDE | 1979 | M4 | 0:38:29 | 14,03 |
| 30 | 564 | SAINT GERMAIN DRIES | HOUTHULST | 1979 | M4 | 0:38:33 | 14,01 |
| 31 | 630 | BAUDONCQ SVEN | WIELSBEKE | 1989 | M3 | 0:38:35 | 14,00 |
| 32 | 555 | LUTIN XAVIER | HARELBEKE | 1975 | M4 | 0:38:43 | 13,95 |
| 33 | 602 | WANZEELE PIETER | HARELBEKE | 1980 | M4 | 0:38:44 | 13,94 |
| 34 | 611 | SOETE KEVIN | HARELBEKE | 1981 | M4 | 0:38:46 | 13,93 |
| 35 | 516 | DE WINTER MATTHEW | WIELSBEKE | 1992 | M3 | 0:38:58 | 13,86 |
| 36 | 616 | VANDEMEULEBROUCKE VIC | AVELGEM | 2010 | M0 | 0:39:01 | 13,84 |
| 37 | 586 | VANHAVERBEKE STEVEN | DEERLIJK | 1973 | M5 | 0:39:05 | 13,82 |
| 38 | 617 | VANHEE SANTI | KUURNE | 1966 | M5 | 0:39:27 | 13,69 |
| 39 | 601 | WAEKENS MARTIJN | STASEGEM | 2006 | M1 | 0:40:02 | 13,49 |
| 40 | 594 | VERHELST NICOLAS | 8500 KORTRIJK | 1990 | M3 | 0:40:07 | 13,46 |
| 41 | 597 | VERREPT PETER | HARELBEKE | 1965 | M5 | 0:40:14 | 13,42 |
| 42 | 650 | DE BIE DAVID | WAKKEN | 1984 | M3 | 0:40:22 | 13,38 |
| 43 | 532 | FIEUX RIQUET | HARELBEKE | 1986 | M3 | 0:40:24 | 13,37 |
| 44 | 583 | VANDERSTRAETEN BJORN | BEVEREN-LEIE | 1978 | M4 | 0:40:43 | 13,26 |
| 45 | 542 | HANSENS LAURENT | BEVEREN LEIE | 1984 | M3 | 0:40:46 | 13,25 |
| 46 | 513 | COUCKE BARTEL | TIEGEM | 1973 | M5 | 0:40:49 | 13,23 |
| 47 | 543 | HOCEDEZ BJARNE | OTEGEM | 2002 | M2 | 0:41:07 | 13,13 |
| 48 | 608 | TORBEYNS STIJN | HARELBEKE | 1975 | M4 | 0:41:12 | 13,11 |
| 49 | 581 | VANDEN HEEDE MARTIJN | ZWEVEGEM | 1996 | M2 | 0:41:38 | 12,97 |
| 50 | 590 | VANNIEUWENHUYSE KRIS | HEULE | 1967 | M5 | 0:41:50 | 12,91 |
| 51 | 548 | JIMMY WAEKENS | STASEGEM | 1981 | M4 | 0:42:14 | 12,79 |
| 52 | 512 | CLAERHOUT KOEN | IZEGEM | 1985 | M3 | 0:42:15 | 12,78 |
| 53 | 524 | DESCHEEMAEKER STEVEN | BAVIKHOVE | 1979 | M4 | 0:43:03 | 12,54 |
| 54 | 632 | VANOVERBEKE LANDO | DESSELGEM | 1992 | M3 | 0:43:21 | 12,46 |
| 55 | 607 | VANDEVOORDE JURGEN | BEVEREN-LEIE | 1975 | M4 | 0:43:24 | 12,44 |
| 56 | 508 | BEEUWSAERT DIRK | HEULE | 1944 | M7 | 0:43:42 | 12,36 |
| 57 | 635 | CHRISTIAENS JOHAN | HARELBEKE | 1960 | M6 | 0:43:45 | 12,34 |
| 58 | 633 | DE LOMBAERT LUC | HEULE | 1962 | M6 | 0:43:58 | 12,28 |
| 59 | 649 | WULLEPIT | LEDEGEM | 1970 | M5 | 0:44:11 | 12,22 |
| 60 | 609 | OSSIEUR ROMAIN | MARKE | 1951 | M7 | 0:44:21 | 12,18 |
| 61 | 570 | SERVAEGE BASTIEN | HEULE | 2006 | M1 | 0:44:45 | 12,07 |
| 62 | 639 | D'HOOP MAARTEN | KORTRIJK | 1991 | M3 | 0:44:47 | 12,06 |
| 63 | 638 | DECOSTER JONAS | HARELBEKE | 1992 | M3 | 0:44:50 | 12,04 |
| 64 | 563 | ROELENS XAVIER | WAREGEM | 1976 | M4 | 0:45:48 | 11,79 |
| 65 | 631 | VANASSCHE JOHAN | HARELBEKE | 1962 | M6 | 0:45:58 | 11,75 |
| 66 | 587 | VANHOVE MARIO | DEERLIJK | 1969 | M5 | 0:47:08 | 11,46 |
| 67 | 600 | VERVAEKE HANNES | HARELBEKE | 1986 | M3 | 0:47:10 | 11,45 |
| 68 | 569 | SCHOUTTETEN MANUEL | DEERLIJK | 1981 | M4 | 0:47:17 | 11,42 |
| 69 | 593 | VERBRUGGHE OWEN | KUURNE | 2009 | M0 | 0:47:34 | 11,35 |
| 70 | 557 | MANNEKENS ROBBERT | HARELBEKE | 1987 | M3 | 0:47:38 | 11,34 |
| 71 | 505 | BAUWENS PIETER | HARELBEKE | 1983 | M4 | 0:47:43 | 11,32 |
| 72 | 509 | BILLIET RUBEN | HARELBEKE | 1985 | M3 | 0:47:50 | 11,29 |
| 73 | 531 | FAIELLA FREDERIC | BEVEREN LEIE | 1978 | M4 | 0:48:02 | 11,24 |
| 74 | 533 | FLO ROBIN | KORTRIJK | 1983 | M4 | 0:48:21 | 11,17 |
| 75 | 636 | HELLYN DAVID | DEERLIJK | 1985 | M3 | 0:48:25 | 11,15 |
| 76 | 620 | DUYCK GEERT | IZEGEM | 1953 | M7 | 0:48:29 | 11,14 |
| 77 | 610 | BRAEM JOEL | WERVIK | 1956 | M6 | 0:49:37 | 10,88 |
| 78 | 536 | GHEYSEN DOMINIEK | HARELBEKE | 1962 | M6 | 0:49:49 | 10,84 |
| 79 | 577 | VAN LANCKER DWIGHT | DEERLIJK | 1996 | M2 | 0:50:15 | 10,75 |
| 80 | 640 | DECOSTER PATRICK | IZEGEM | 1960 | M6 | 0:51:21 | 10,52 |
| 81 | 628 | CALLANT DIMITRI | ST-ELOOIS-VIJVE | 1975 | M4 | 0:53:14 | 10,14 |
| 82 | 603 | WYCKAERT PETER | HARELBEKE | 1967 | M5 | 0:53:52 | 10,02 |
| 83 | 626 | D'HONT TOM | MAARKEDAL | 1966 | M5 | 0:54:11 | 9,97 |
| 84 | 579 | VAN NIEUWENHOVE GEORGES | HARELBEKE | 1944 | M7 | 0:54:26 | 9,92 |
| 85 | 554 | LOBBENS MARC | HARELBEKE | 1954 | M6 | 0:56:09 | 9,62 |
| 86 | 578 | VAN MOORLEGHEM STEVEN | KLUISBERGEN | 1977 | M4 | 0:56:37 | 9,54 |
| 87 | 560 | ODERY KOEN | MARKE | 1965 | M5 | 0:57:31 | 9,39 |
| 88 | 568 | SCHOUPPE CHRISTIAN | HARELBEKE | 1967 | M5 | 0:58:35 | 9,22 |

uitslag L-LOOP - 9 km Dames

| plaats | borstnr | naam | postnr | gemeente | geb ir | kateq | tijd | km / u |
|--------|---------|------------------|--------|----------|--------|-------|---------|--------|
| 1 | 529 | DUYCK ANN-SOPHIE | | IZEGEM | 1987 | V3 | 0:35:27 | 15,23 |
| 2 | 517 | DEBAENE HANNE | | DEERLIJK | 1986 | V3 | 0:36:55 | 14,63 |
| 3 | 625 | TACK CHARLOTTE | | GULLEGEM | 1996 | V2 | 0:40:39 | 13,28 |
| 4 | 525 | DESEYN CARLINE | | DEERLIJK | 1966 | V5 | 0:40:55 | 13,20 |

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|----|-----|------------------------|------------------|------|----|---------|-------|
| 5 | 619 | SOETE LIEN | WEVELGEM | 1987 | V3 | 0:41:23 | 13,05 |
| 6 | 519 | DECOTTENIER ELS | DEERLIJK | 1968 | V5 | 0:41:44 | 12,94 |
| 7 | 521 | DEMEULEMEESTER EVELINE | INGELMUNSTER | 1987 | V3 | 0:42:52 | 12,60 |
| 8 | 534 | FOLENS KAREN | HARELBEKE | 1981 | V4 | 0:43:25 | 12,44 |
| 9 | 618 | VANHEE LISA | KUURNE | 1998 | V2 | 0:44:14 | 12,21 |
| 10 | 595 | VERMEULEN ELS | HARELBEKE | 1973 | V5 | 0:44:52 | 12,04 |
| 11 | 598 | VERSCHATSE KIM | HULSTE | 1987 | V3 | 0:44:54 | 12,03 |
| 12 | 637 | SAMYN NATHALIE | HEULE | 1983 | V4 | 0:45:22 | 11,90 |
| 13 | 591 | VERBEEST AN | MENEN | 1967 | V5 | 0:45:43 | 11,81 |
| 14 | 549 | KARSSSEN SHARONA | DEERLIJK | 1994 | V2 | 0:47:14 | 11,43 |
| 15 | 523 | DERYCKE ISABELLE | LEDEGEM | 1977 | V4 | 0:47:41 | 11,32 |
| 16 | 644 | PANNECOUCQUE JOKE | HARELBEKE | 1982 | V4 | 0:48:00 | 11,25 |
| 17 | 538 | GOESAERT NICKY | BEVEREN LEIE | 1983 | V4 | 0:48:06 | 11,23 |
| 18 | 537 | GOESAERT AUDREY | HARELBEKE | 1983 | V4 | 0:48:07 | 11,22 |
| 19 | 530 | DUYCK KIMBERLEY | KASTER | 1988 | V3 | 0:48:45 | 11,08 |
| 20 | 643 | DHEEDENE AXELLE | HULSTE | 2003 | V2 | 0:49:11 | 10,98 |
| 21 | 522 | DENYS VERONIQUE | HARELBEKE | 1977 | V4 | 0:49:56 | 10,81 |
| 22 | 566 | SAMOY KATRIEN | HEVERLEE | 1987 | V3 | 0:49:59 | 10,80 |
| 23 | 565 | SAMOY KAREN | HARELBEKE | 1985 | V3 | 0:50:01 | 10,80 |
| 24 | 596 | VERMEULEN LYNN | HARELBEKE | 1987 | V3 | 0:50:21 | 10,72 |
| 25 | 562 | RAES ELINE | PASSENDALE | 1979 | V4 | 0:50:23 | 10,72 |
| 26 | 624 | WINNDELS NINE | HEULE | 1996 | V2 | 0:50:26 | 10,71 |
| 27 | 641 | ALLARY KRISTIEN | IZEGEM | 1961 | V6 | 0:51:16 | 10,53 |
| 28 | 510 | BULCAEN EMMA | HARELBEKE | 2007 | V1 | 0:51:41 | 10,45 |
| 29 | 604 | DEGRYSE JEDIDJA | DESSELGEM | 1989 | V3 | 0:53:12 | 10,15 |
| 30 | 503 | BAEKELANDT NATALIE | ST.-ELOOIS-VIJVE | 1975 | V4 | 0:53:16 | 10,14 |
| 31 | 520 | DELCOUCQ GRIET | HARELBEKE | 1988 | V3 | 0:53:22 | 10,12 |
| 32 | 558 | MARTENS HELGA | HARELBEKE | 1965 | V5 | 0:53:50 | 10,03 |
| 33 | 511 | CAVEYE CATHY | HARELBEKE | 1969 | V5 | 0:54:08 | 9,98 |
| 34 | 514 | DE BAVEYE REBECCA | KLUISBERGEN | 1979 | V4 | 0:56:36 | 9,54 |
| 35 | 647 | ROSSEEL STEFANIE | BAVIKHOVE | 1987 | V3 | 0:57:49 | 9,34 |
| 36 | 646 | DE KETELE ANNELIES | BAVIKHOVE | 1991 | V3 | 0:57:52 | 9,33 |
| 37 | 541 | GOOSSENS MARGAUX | OTEGEM | 1997 | V2 | 0:57:57 | 9,32 |
| 38 | 553 | LEMANT NANS | DEERLIJK | 1973 | V5 | 0:58:01 | 9,31 |
| 39 | 589 | VANMARIS MARLEEN | HEULE | 1968 | V5 | 1:01:43 | 8,75 |
| 40 | 540 | GOOSSENS LAURENCE | OTEGEM | 1994 | V2 | 1:06:23 | 8,13 |
| 41 | 539 | GOOSSENS DELPHINE | OTEGEM | 1992 | V3 | 1:06:36 | 8,11 |